



# Local Counselors, Psychologists, and Psychiatrists

*Please check with your insurance company for specific coverages on your plan*

- **Altapointe**  
Accepts Medicaid  
\*Can write medication  
(251) 990-4248  
372 S. Greeno Road Fairhope, AL 36532  
<http://altapointe.org/locations/bayview-fairhope/>
- **Alicia Perry, Ph.D., BCBA (psychologist, Board Certified Behavior Analyst)**  
Accepts Medicaid and Private Insurances (call office for specifics)  
(251) 625-6233  
28311 N. Main Street, Suite 100 Daphne, AL 36526
- **Bayview**  
Accepts Commercial Insurance Only (BCBS, UHC, Aetna, Cigna, Humana, Tricare, etc.)  
(251) 660-2360  
(888) 335-3044  
374 S. Greeno Road Fairhope, AL 36532  
Bayview-associates.org
- **Be Better**  
Call office to check insurance coverage  
(251) 300-2743  
Clinical Psychologist/Licensed Speech-Language Pathologist  
Autism/ADOS-2 testing, ADD/ADHD, behavioral/emotional, vocational, LD/IQ, diagnosis and recommendations  
22 N. Florida St., Mobile, AL 36607
- **Brightside Family Counseling**  
**Tanika Montgomery, LMFTA**  
(251) 220-0505  
3929 Airport Boulevard Service Road Bldg 3 Ste 307 Mobile, AL 36608  
\*Offers Online Counseling
- **The Centre**  
Call office to check insurance coverage  
Faith-based counseling  
(251) 625-0118  
1290 Main Street, Ste B. Daphne, AL 36526  
<https://thecounselingcentre.com/>
- **Cantwell Family Psychiatry**  
Accepts BCBS, Aetna, Cigna, UHC, United Behavioral Health, and self-pay  
\*Can write medication  
(251) 517-5800  
770 Middle St, Fairhope, AL 36532  
<http://www.drjohncantwell.com/>
- **Center for Calm Living**  
Call office to check insurance coverage  
(251) 928-5363  
150 S. Church Street Fairhope, AL 36532  
[www.centerforcalmliving.com](http://www.centerforcalmliving.com)
- **Comprehensive MedPsych Systems**  
**Dr. Lynda Tenhundfeld**, Child and Adolescent Psychiatrist; works with autism  
Blue Cross Blue Shield, United HealthCare, New Directions Behavioral Health, Aetna, Cigna, Gulfcoast, and Humana/Life Sync  
\*Psychoeducational testing  
(251) 662-9466  
1110 Montimar Place, Suite 500 Mobile, AL 36609  
<https://medpsych.net/counseling-center/mobile-alabama/>
- **Crossway Counseling Center**  
Accepts Most Insurance (call office for specifics)  
Faith-based counseling  
(251) 626-7959  
27625 Us Highway 98, Daphne, AL 36526  
<https://crosswaycounseling.org>
- **DaVine Counseling Center, LLC**  
Accepts Medicaid, BCBS, Cigna, New Directions, Optum, and UHC  
Christian counseling IF requested  
(251) 325- 5336  
28851 N. Main St. Suite B Daphne, AL 36526
- **Day 1 Counseling**  
**Kathryn Hudson**  
Accepts All Kids, Medicaid, BCBS, and New Directions.  
(251) 345-6938  
109 North Conception Street Suite 204 Mobile, AL 36602  
Offers online therapy
- **Delta Behavioral**  
Commercial insurance only for counseling services; Will accept Mcaid for psychiatric services (PA sees pt's over age 14yr)  
Counseling; Does not do adhd testing  
\*Can write medication for both adhd and psychiatric illness  
(251) 375-1326  
28260 U.S. Hwy 98 Suite C, Daphne, AL 36526  
<https://www.deltabehavioral.com>
- **Gulf Coast Counseling**  
Accepts Medicaid and BCBS of AL  
(251) 970-5902  
623A West Laurel Ave. Foley, AL 36535  
601 Bel Air Blvd. Suite 209 Mobile, AL 36606
- **Gulf Coast Therapy Works**  
Accepts BCBS, All Kids, Cigna, Optum Health Care, and American Behavioral  
(251) 517-7737 or (251) 510-5677  
101 Lottie Lane Unit 3 Fairhope, AL 36532  
[www.gulfcoasttherapyworks.com](http://www.gulfcoasttherapyworks.com)

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- **Heal and Thrive Therapy**  
Accepts BCBS; private-pay  
Teen anxiety  
(251) 289-1985  
8851 Rand Ave Suite B Daphne, AL 36526  
[healandthrivetherapy.com](http://healandthrivetherapy.com)
- **Holly Mosley**  
Counselor, MA, ALC, NCC  
Accepts Medicaid  
(251) 244-3946  
3929 Airport Boulevard, Building 3, Suite 300  
Mobile, AL 36609  
Offers online therapy
- **Joy Works Counseling**  
Accept BCBS, United Health Care, AllKids, ChampVA, Contracted  
Provider for Baldwin County DHR  
Can offer Christian Counseling upon request.  
(251)-276-4497  
22787 US Highway 98 Suite B1  
Fairhope, AL 36532  
[admin@joyworkscounseling.com](mailto:admin@joyworkscounseling.com)
- **Kathleen Heath, Counseling**  
Call office to check insurance coverage  
(251) 928-1658  
50 Greeno Rd S, Fairhope, AL 36532
- **Kathleen Payne, psychologist**  
Accepts BCBS  
trauma/PTSD, behavioral medicine/health psychology (chronic pain  
management, sleep disorders, weight loss), post-partum issues, and  
grief  
(251) 512-5026  
3929 Airport Blvd., Suite 2-412 Mobile, AL 36609  
<https://www.drkathleenpayne.com/>
- **Maggie Haag, LICSW; Licensed Therapist**  
Accepts BCBS, UHC, and Cigna, and Private Pay  
Sees patients ages 13 and up- anxiety, depression, life transition,  
stress and coping, divorce of parents, family stressors  
Can be faith-based if requested  
251-230-2077  
1290 Main Street, Suite C. Daphne, AL 36526  
[maggiehaagllc@gmail.com](mailto:maggiehaagllc@gmail.com)
- **Kinsey Miller, LPC**  
Accepts BCBS, including All Kids.  
Trauma, anxiety, depression, ADHD, bullying, OCD, grief, & self-  
esteem issues.  
(251) 202-9003  
22765 US HWY 98, Ste A-3 Fairhope, AL 36532  
[Leslietherholdllcsw.com](http://Leslietherholdllcsw.com)
- **Professional Counselors of Alabama (PCA)**  
Dr. Kimberly Whitchard  
Accepts Medicaid, other insurances (as approved), and self-pay  
(251) 943-9440  
316 S. McKenzie St., Suite 102 Foley, AL 36535
- **The Sanctuary**  
4 therapists (Elizabeth Minto, Kimberly Staring, Sara Parker, Caitlin  
Kirby  
Individual, family, marriage, and family therapy. – anxiety, depression,  
disruptive behaviors  
Caitlin works with adolescents and women (infertility, postpartum  
mood & anxiety disorders), and adjusting to motherhood  
Accepts BCBS and private pay  
(251) 313-3051  
1290 Main Street, Suite C. Daphne, AL 36526  
[www.thesanctuarycounselingcenter.com](http://www.thesanctuarycounselingcenter.com)
- **Stephanie Williamson Counseling**  
Call office to check insurance coverage  
\*Deb Hopkins- offers IASIS Micro-current Neurofeedback- cash pay  
only  
(251) 379-0531  
7 S. Summit St. Fairhope, AL 36532
- **Sunshine Behavioral Health**  
(251) 414-3599  
Call office to check insurance coverage  
4362 Midmost Drive Suite G Mobile, AL 36609  
Sunshine Behavioral Health provides quality in-home and in-office  
individual  
and family counseling services throughout Mobile and Baldwin  
County.  
  
\*This is not an exhaustive list of all the mental health providers in  
the area.  
<https://www.psychologytoday.com/us/therapists/al/baldwin-county>  
provides a list of other counselors and therapists in our area.  
Updated 3/3/23

**If you are experiencing a life-threatening emergency, please dial 911, visit the nearest emergency room, or call the Mental Health Crisis Line at (800) 273- TALK.**