



Local Counselors, Psychologists, and Psychiatrists

Please check with your insurance company for specific coverages on your plan

- **Altapointe**
Accepts Medicaid
*Can write medication
(251) 990-4248
372 S. Greeno Road Fairhope, AL 36532
<http://altapointe.org/locations/bayview-fairhope/>
- **Alicia Perry, Ph.D., BCBA (psychologist, Board Certified Behavior Analyst)**
Accepts Medicaid and Private Insurances (call office for specifics)
(251) 625-6233
28311 N. Main Street, Suite 100 Daphne, AL 36526
- **Bayview**
Accepts Commercial Insurance Only (BCBS, UHC, Aetna, Cigna, Humana, Tricare, etc.)
(251) 660-2360
(888) 335-3044
374 S. Greeno Road Fairhope, AL 36532
Bayview-associates.org
- **Be Better**
Call office to check insurance coverage
(251) 300-2743
Clinical Psychologist/Licensed Speech-Language Pathologist
Autism/ADOS-2 testing, ADD/ADHD, behavioral/emotional, vocational, LD/IQ, diagnosis and recommendations
22 N. Florida St., Mobile, AL 36607
- **Brightside Family Counseling**
Tanika Montgomery, LMFTA
(251) 220-0505
3929 Airport Boulevard Service Road Bldg 3 Ste 307 Mobile, AL 36608
*Offers Online Counseling
- **The Centre**
Call office to check insurance coverage
Faith-based counseling
(251) 625-0118
1290 Main Street, Ste B. Daphne, AL 36526
<https://thecounselingcentre.com/>
- **Cantwell Family Psychiatry**
Accepts BCBS, Aetna, Cigna, UHC, United Behavioral Health, and self-pay
*Can write medication
(251) 517-5800
770 Middle St, Fairhope, AL 36532
<http://www.drjohncantwell.com/>
- **Center for Calm Living**
Call office to check insurance coverage
(251) 928-5363
150 S. Church Street Fairhope, AL 36532
www.centerforcalmliving.com
- **Comprehensive MedPsych Systems**
Dr. Lynda Tenhundfeld, Child and Adolescent Psychiatrist; works with autism
Blue Cross Blue Shield, United HealthCare, New Directions Behavioral Health, Aetna, Cigna, Gulfcoast, and Humana/Life Sync
*Psychoeducational testing
(251) 662-9466
1110 Montimar Place, Suite 500 Mobile, AL 36609
<https://medpsych.net/counseling-center/mobile-alabama/>
- **Crossway Counseling Center**
Accepts Most Insurance (call office for specifics)
Faith-based counseling
(251) 626-7959
27625 Us Highway 98, Daphne, AL 36526
<https://crosswaycounseling.org>
- **DaVine Counseling Center, LLC**
Accepts Medicaid, BCBS, Cigna, New Directions, Optum, and UHC
Christian counseling IF requested
(251) 325- 5336
28851 N. Main St. Suite B Daphne, AL 36526
- **Day 1 Counseling**
Kathryn Hudson
Accepts All Kids, Medicaid, BCBS, and New Directions.
(251) 345-6938
109 North Conception Street Suite 204 Mobile, AL 36602
Offers online therapy
- **Delta Behavioral**
Commercial insurance only for counseling services; Will accept Mcaid for psychiatric services (PA sees pt's over age 14yr)
Counseling; Does not do adhd testing
*Can write medication for both adhd and psychiatric illness
(251) 375-1326
28260 U.S. Hwy 98 Suite C, Daphne, AL 36526
<https://www.deltabehavioral.com>
- **Gulf Coast Counseling**
Accepts Medicaid and BCBS of AL
(251) 970-5902
623A West Laurel Ave. Foley, AL 36535
601 Bel Air Blvd. Suite 209 Mobile, AL 36606
- **Gulf Coast Therapy Works**
Accepts BCBS, All Kids, Cigna, Optum Health Care, and American Behavioral
(251) 517-7737 or (251) 510-5677
101 Lottie Lane Unit 3 Fairhope, AL 36532
www.gulfcoasttherapyworks.com

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- **Heal and Thrive Therapy**
Accepts BCBS; private-pay
Teen anxiety
(251) 289-1985
8851 Rand Ave Suite B Daphne, AL 36526
healandthrivetherapy.com
- **Holly Mosley**
Counselor, MA, ALC, NCC
Accepts Medicaid
(251) 244-3946
3929 Airport Boulevard, Building 3, Suite 300, Mobile, AL 36609
Offers online therapy
- **Joy Works Counseling**
Accept BCBS, United Health Care, AllKids, ChampVA, Contracted
Provider for Baldwin County DHR
Can offer Christian Counseling upon request.
(251)-276-4497
22787 US Highway 98 Suite B1, Fairhope, AL 36532
admin@joyworkscounseling.com
- **Kathleen Heath, Counseling**
Call office to check insurance coverage
(251) 928-1658
50 Greeno Rd S, Fairhope, AL 36532
- **Kathleen Payne, psychologist**
Accepts BCBS
Trauma/PTSD, behavioral medicine/health psychology (chronic pain
management, sleep disorders, weight loss), post-partum issues, and
grief
(251) 512-5026
3929 Airport Blvd., Suite 2-412 Mobile, AL 36609
<https://www.drkathleenpayne.com/>
- **Leslie Herhold Counseling Services**
Accepts BCBS/All Kids (contact for specifics)
Multi-specialty therapy practice for the entire family, serving Adults
and Children in Baldwin County, Alabama.
(251)202-9003
232 Professional Court, Gulf Shores, Alabama 36542
22765 US Hwy 98, Suites A-3, A-10, B-11, Fairhope, AL 36532
<https://leslietherholdlcsw.com/welcome>
- **Maggie Haag, LICSW; Licensed Therapist**
Accepts BCBS, UHC, and Cigna, and Private Pay
Sees patients ages 13 and up- anxiety, depression, life transition,
stress and coping, divorce of parents, family stressors
Can be faith-based if requested
251-230-2077
- **Kinsey Miller, LPC**
Accepts BCBS, including All Kids.
Trauma, anxiety, depression, ADHD, bullying, OCD, grief, & self-
esteem issues.
(251) 202-9003
22765 US HWY 98, Ste A-3 Fairhope, AL 36532
Leslietherholdlcsw.com
- **Professional Counselors of Alabama (PCA)**
Dr. Kimberly Whitchard
Accepts Medicaid, other insurances (as approved), and self-pay
(251) 943-9440
316 S. McKenzie St., Suite 102 Foley, AL 36535
- **The Sanctuary**
4 therapists (Elizabeth Minto, Kimberly Staring, Sara Parker, Caitlin
Kirby
Individual, family, marriage, and family therapy. – anxiety, depression,
disruptive behaviors
Caitlin works with adolescents and women (infertility, postpartum
mood & anxiety disorders), and adjusting to motherhood
Accepts BCBS and private pay
(251) 313-3051
1290 Main Street, Suite C. Daphne, AL 36526
www.thesanctuarycounselingcenter.com
- **Stephanie Williamson Counseling**
Call office to check insurance coverage
*Deb Hopkins- offers IASIS Micro-current Neurofeedback- cash pay
only
(251) 379-0531
7 S. Summit St. Fairhope, AL 36532
- **Sunshine Behavioral Health**
(251) 414-3599
Call office to check insurance coverage
4362 Midmost Drive Suite G Mobile, AL 36609
Sunshine Behavioral Health provides quality in-home and in-office
individual
and family counseling services throughout Mobile and Baldwin
County.

***This is not an exhaustive list of all the mental health providers in the area.**

<https://www.psychologytoday.com/us/therapists/al/baldwin-county>

provides a list of other counselors and therapists in our area.

Updated 01/02/2024

If you are experiencing a life-threatening emergency, please dial 911, visit the nearest emergency room, or call the Mental Health Crisis Line at (800) 273- TALK.